

# ANDY TOY

Bonwills Big Idea! Occlusion Made Simple for the Busy GDP

## SYNOPSIS

Led by Dr Andy Toy, this engaging lecture is designed to demystify occlusion for general dental practitioners, focusing on how occlusion changes with function, how to identify occlusal distress, and how to confidently finish cases with a healthy, stable bite. Drawing on decades of clinical experience, extensive postgraduate education, and published research linking occlusion with oral-muscle function, Andy presents a simplified, clinically relevant framework that can be applied immediately in everyday practice

## EVENT DETAILS

<b>DATE</b>	Tuesday 27th January 2026
<b>TIME</b>	6.30pm - Trade / Sponsors registration 7.00pm - Dinner 8.00pm - Lecture
<b>ADDRESS</b>	Mercure Nottingham Sherwood, 296 Mansfield Road, Nottingham, NG5 2BT

<b>MENU</b>	Light and Crispy Tempura Prawns paired with signature five flavour sweet chilli sauce  Succulent half roasted chicken, skin on fries, garlic aioli and crisp house salad  Freshly baked cookie dough, topped with salted ice cream and warm salted caramel sauce
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*\*Vegetarian option available. Please specify when making your booking.*

## PERSONAL DEVELOPMENT

CPD VALUE

# 2 HOURS

## GDC DEVELOPMENT OUTCOMES

- A** Effective communication with patients and the dental team
- C** Maintenance and development knowledge/skill within your field of practice

## **ABOUT THE SPEAKER**

Dr. Andy Toy qualified as a dentist in 1980 from University of Bristol. Since that time, Andy has made himself a devoted student of occlusion. He attended his first course on occlusion in 1982 and attended the L.D.Pankey Institute (USA) later that year. He has since completed all of their Continuum Series, joined their Teaching Faculty and has had a spell on their Advisory Board.

Andy has attended many thousands of hours of Continuing Education associated with occlusion, Temporomandibular joint dysfunction and associated areas, such as pain, physical therapy and nutrition.

In 2005 Andy became part of a research group at the world-renowned School of Sport and Exercise Science at Loughborough University. The group has published a number of peer-reviewed papers on the connection between dental occlusion and oral-muscle function.

Andy has successfully applied the principles of posterior-guided, functional occlusion to his own Invisalign practice of over 1000 patients, with many of them reviewed over 5+ years. The patients continue to function happily in comfort with their new smiles and no long-term side-effects.

Andy has been an International Speaker for Align Technology since 2010 and is also Co-Director of the Postgraduate Diploma in Clear Aligner Therapy at the City of London Dental School.

## **AIMS & OBJECTIVES**

- Understand how occlusion changes with function
- Learn how to identify occlusal distress in your patients
- Know how to finish your cases with a healthy bite

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Please note: Bookings are on a strictly first come, first served basis. Your booking will only be secured once payment has been received.

Bookings must be made by **Midday on Friday 23 January 2026.**

## YOUR DETAILS

NAME: .....

ADDRESS: .....  
.....  
.....

GDC NO: .....

E-MAIL: .....

MOBILE: .....

If vegetarian option required, please tick box ☐

**Please make payment of £40 per person with surname as reference online sent to:**

Account name: Nottingham Dental Society  
Sort code: 60-80-09  
Account no.: 88877248

Please still post/email a completed slip with a note of payment date and reference

Receipts and certificates of attendance will be emailed after the event. You can verify if your application has arrived by e-mailing [info@nottinghamdentalociety.co.uk](mailto:info@nottinghamdentalociety.co.uk) or [drmandybasi@yahoo.co.uk](mailto:drmandybasi@yahoo.co.uk)